GEAMPARALELE DE LA VADUL OII (Muntenia, Romania)

Pronunciation:

Record:	Electrecord ST-CS 1085 Side B/10 7/16 meter
Rhythm:	7/16:
Formation:	Circle dance, hands joined and held down ("V" pos).
Meas	Pattern
16 meas	Introduction.
1 2 3 4 5-8 9-10 11-12 13-16	Fig A. Facing ctr, travelling slightly to R diag: Step fwd R,L,R (cts 1,2,3). Close L to R (cts 1-3). Arms raised to shldr level. Travelling back to orig pos, step bkwd L,R,L (cts 1,2,3). Close R to L (cts 1-3). Arms lower to orig pos. Repeat meas 1-4. Repeat meas 1-2, but stronger diag, travelling to R. Repeat meas 3-4, but travelling bkwd diag R. Repeat meas 9-12.
1 2 3 4-5 6 7 8 9-16	Fig B. Step R to R (ct 1); step L over R (ct 2); step R on spot (ct 3). Repeat meas 1 with opp ftwk. Step R to R (ct 1); hop on R (ct 2); step L over R (ct 3). Repeat meas 1-2. Leap onto R travelling to R (cts 1,2); step L behind R (ct 3). Step R to R (ct 1); close L to R (ct 2); step R to R (ct 3). Close L to R with stamp, no wt (cts 1-3). Repeat meas 1-8 with opp ftwk.
1 2 3-4 5 6 7 8 9-16	Fig C. Touch R toe (cts 1,2); lift R knee (ct 3). Step fwd R,L,R (cts 1,2,3). Repeat meas 1-2 with opp ftwk. Step fwd R (cts 1,2); bounce on R (ct 3). Step bkwd on L (cts 1,2); leap onto R (ct 3). Step bkwd L,R,L (cts 1,2,3). Close R to L with stamp, no wt (cts 1-3). Repeat meas 1-8.
Sequence:	A B C A B C A(first 1/2) A B C A B C

Presented by Nicolaas Hilferink